



VERIFICATION OF STUDENT HEALTH HISTORY & PHYSICAL EXAM

Physical Therapist Assistant Program

Students admitted to the Physical Therapist Assistant Program are required to have their medical provider complete this form.

Students participating in BCC's Physical Therapist Assistant Program must be capable of performing the Physical Therapist Assistant Program's Essential Functions with or without reasonable accommodation*. The Physical Therapist Assistant Program's Essential Functions establishes the minimum physical and mental requirements for all students participating in the program's courses and clinicals. A list of the program's essential functions is available on the reverse side of this form.

Student Information			
Student Name: _____ DOB: _____ BCC ID _____			
Medical Provider Verification			
Based on my review of the student's health history and medical examination of the student and review of the Physical Therapist Assistant Program's Essential Functions (on reverse), this student is:			
<input type="checkbox"/> Cleared for all classroom/lab/clinical participation without restriction			
<input type="checkbox"/> Not cleared at this time; will require a meeting with the Disability Service Center to assess for the applicability/appropriateness of accommodations *			
<input type="checkbox"/> Not cleared at this time; short term limitation that will require a follow-up visit to the physician: List restrictions:			
<input type="checkbox"/> Not cleared			
Medical Provider Information			
Medical Provider: _____		Telephone: ____ - ____ - ____	
Office/Practice: _____		Fax: ____ - ____ - ____	
Address: _____			
Street		City	State Zip code
Date of Physical Exam: _____			
Medical Provider Signature: _____			Date _____

Please return completed form to: Berkshire Community College
Nursing, Health and Immunization Office, Room H310
1350 West Street, Pittsfield, MA 01201
Telephone: 413-236-4609; Fax: 800-724-9943
Email: medicalrecords@berkshirecc.edu

*A student with a disability who may need accommodations should contact the Disability Resource Center at 413-236-1614.

Essential Functions: Physical Therapist Assistant Program

Berkshire Community College seeks to provide equal access to its programs, services and activities for all people. The Essential Functions of a student enrolled in the Physical Therapist Assistant Program requires that the student, with or without reasonable accommodations, must be able to:

Categories of Essential Functions		Example of Technical Standard
1	Critical Thinking/ Problem Solving Skills	<ul style="list-style-type: none"> • Collect, interpret and integrate information and make decisions. • Read and comprehend relevant information. • Identify cause/effect relationships in the provision of health care. • Respond calmly and effectively to emergencies. • Use effective teaching, learning and test taking strategies.
2	Interpersonal Skills	<ul style="list-style-type: none"> • Embody the spirit of cooperation and collegiality, employing basic conflict management skills as situations require. • Establish positive, supportive, effective and harmonious relationships in diverse settings, with diverse patient/client and colleagues.
3	Behavioral/Emotional/ Social Coping Skills	<ul style="list-style-type: none"> • Respond appropriately to stressful environments or during impending deadlines • Concentrate on professional duties without distraction in all settings. • Set priorities and perform all aspects of therapy services in fast-paced academic and clinical situations. • Cope effectively with psychosocial issues involving illness, disability and death without hindering effective performance of duties.
4	Communication Skills	<ul style="list-style-type: none"> • Communicate effectively in English using verbal, non-verbal and written formats. • Recognize, interpret and respond to non-verbal behavior.
5	Physical Mobility/Motor Skills	<ul style="list-style-type: none"> • Demonstrate adequate coordination, balance speed and agility to assist and safely manage patients who are walking on level and unlevel terrain to include: stairs, ramps, grass/gravel, curbs, and diverse home flooring. • Move, adjust and position patients or equipment which involves bending, stooping freely to the floor, reaching overhead, lifting, pulling or guiding a weight of 200 pounds. • Maintain and/or transition between postures that may include, standing, kneeling, walking and crawling for up to 90 minutes without rest. • Manipulate devices with sufficient dexterity bimanually • Manipulate small nuts/bolts, and equipment settings with sufficient hand strength and dexterity.
6	Sensory Abilities	<ul style="list-style-type: none"> • Visual–recognize and interpret facial expressions and body language and patient posture, identify normal and abnormal patterns of movement, discriminate color changes and interpret and assess the environment up to 20 feet; read or set parameters on physical therapy equipment. • Auditory–recognize and respond to soft voices or voices under protective garb, auditory timers, equipment/emergency alarms, and effectively use devices for the measurement of vital sign and breather sounds. Be able to hear patients and respond to patient critical needs when not in direct line of site. • Tactile – palpate a pulse and detect changes or abnormalities of surface texture, skin temperature, body segment contour, muscle tone and joint movement.